

ADULT PREVENTION AND CHRONIC CARE FLOWSHEET

6. FAMILY HISTORY *M = Mother, F = Father, S = Sibling, MGM = Maternal Grandmother, MGF – Maternal Grandfather, PGM = Paternal Grandmother, PGF = Paternal Grandfather*

a. CANCER <i>(Specify)</i>	
b. CARDIOVASCULAR DISEASE <i>(Specify)</i>	
c. DIABETES <i>(Specify)</i>	
d. MENTAL ILLNESS/CHEMICAL DEPENDENCY <i>(Specify)</i>	

7. SCREENING EXAMS *(* = Actual Result, ** = Tricare Benefit, N = Normal, X = Abnormal, E = Done Elsewhere, R = Refused. NA = Not Indicated) (● = Next Due)*

a. TEST	b. FREQUENCY	c. YEAR	d. AGE						
(1) CLINICAL DISEASE PREV EVAL/PHA (HEAR)	ANNUAL	e. DATES							
* (2) WEIGHT	ANNUAL FOR ACTIVE DUTY								
* (3) HEIGHT	ANNUAL FOR ACTIVE DUTY								
* (4) BLOOD PRESSURE	ONCE q 2 YRS FOR BP < 130/85, ANNUAL IF GREATER								
* (5) CHOLESTEROL **	*q 5 YRS FOR AGE ≥ 18 q YR IF PREV ABN								
(6) HEARING	CLINICAL DISCRETION								
(7) SKIN EXAM <i>(Cancer)</i>	ANNUAL IF AT RISK								
(8) ORAL/DENTAL **	ANNUAL								
(9) EYE/VISION**	ROUTINE ACUITY WITH PERIODIC ASSESSMENT DIABETES ANNUAL GLAUCOMA CHECK: Blacks q 3-5 yrs age 20-29 All q 2-4 years age 40-64								
(10) BREAST EXAM	ANNUAL: ≥ 40 YRS								
(11) MAMMOGRAM**	BASELINE @ 40, q 2 YRS 40-50, ANNUALLY > 50								
(12) PAP **(Digital Rectal Exam)	BASELINE: AGE 18 OR ONSET OF SEXUAL ACTIVITY AFTER 3 NL ANNUAL EXAMS, PERFORM q 1-3 years.								
(13) FECAL OCCULT BLOOD	ANNUAL ≥ 50 yrs								
(14) SIGMOID	EVERY 3-5 YRS: ≥ 50 YRS								
(15) COLONOSCOPY	HIGH RISK q 5 YRS ≥ 40 YRS								
(16) TESTICULAR	HIGH RISK ANNUAL 13-39 YRS								
(17) PROSTATE** **(DIGITAL RECTAL EXAM)	WITH P.E. ≥ 40 YRS <i>(Presently recommended annually)</i>								
(18) RUBELLA SCREEN <i>(Females)</i>	ONCE BETWEEN AGES 12-18 YRS <i>(Unless prev vaccinated)</i>								
(19) OCCUPATIONAL SCREENING EXAMS	APPROPRIATE TO EXPOSURES								
(20)									
(21)									
(22)									

ADULT PREVENTION AND CHRONIC CARE FLOWSHEET

8. OCCUPATIONAL HISTORY/RISK

a. PRP		YES		NO
b. FLYING STATUS		YES		NO

9. IMMUNIZATIONS *(Enter numeric class in sub block)*

(1) IMMUNIZATION	(2) DATE <i>(ddmmmyyyy)</i>	(1) IMMUNIZATION	(2) DATE <i>(ddmmmyyyy)</i>	(1) IMMUNIZATION	(2) DATE <i>(ddmmmyyyy)</i>	(1) IMMUNIZATION	(2) DATE <i>(ddmmmyyyy)</i>
a. HEP A #1		f. MMR #1		j. TD (q 10 YRS) <i>(Last)</i>			
b. HEP A #2		g. MMR #2		k. TD <i>(DUE)</i>			
c. HEP B #1		h. PNEUMOCOCCUS		l. YELLOW FEVER <i>(LAST)</i>			
d. HEP B #2		i. POLIO OPV=0 IPV = I		m. YELLOW FEVER			
n. TYPHOID <i>(Enter numeric class in sub block) Oral=O, TYPHUM VI=1, TYPHOID USP = 2</i>	(1) DATE		(2) DATE	(3) DATE	(4) DATE	(5) DATE	(6) DATE
o. ANTHRAX	(1) INITIAL DATE	(2) 2 WEEK DATE	(3) 4 WEEK DATE	(4) 6 MONTH DATE	(5) 12 MONTH DATE	(6) 18 MONTH DATE	
p. PPD <i>(Enter mm and date)</i>	(1)(a) mm	(2)(a) mm	(3)(a) mm	(4)(a) mm	(5)(a) mm	(6)(a) mm	(7)(a) mm
	(b) DATE	(b) DATE	(b) DATE	(b) DATE	(b) DATE	(b) DATE	(b) DATE
q. INFLUENZA	(1) DATE	(2) DATE	(3) DATE	(4) DATE	(5) DATE	(6) DATE	(7) DATE
r. VARICELLA	(1) DATE	(2) DATE	u. JAPANESE ENCEPHALITIS	(1) DATE	(2) DATE	(3) DATE	(4) DATE
s. MENINGO	(1) DATE	(2) DATE	v. OTHER <i>(Specify)</i>	(1) DATE	(2) DATE	(3) DATE	
t. ADENO	(1) DATE	(2) DATE	w. OTHER <i>(Specify)</i>	(1) DATE	(2) DATE	(3) DATE	

10. READINESS

(Glucose-6-phosphate dehydrogenase)

a. DNA	DATE:	b. BLOOD TYPE	DATE:	RESULT:	c. G-PD	DATE:	RESULT:	d. SICKLE CELL	DATE:	RESULT:
e. PERMANENT PROFILE CHANGE	(1) DATE	(2) P:	(3) U:	(4) L:	(5) H:	(6) E:	(7) S:			
f. GLASSES/GAS/MASK Rx:	(1) DATE	(2) DATE	(3) DATE	(4) DATE	(5) DATE	(6) DATE				
g. DENTAL EXAM <i>(Enter numeric class in sub block)</i>	(1) DATE	(2) DATE	(3) DATE	(4) DATE	(5) DATE	(6) DATE				
h. HIV TESTING	(1) DATE	(2) DATE	(3) DATE	(4) DATE	(5) DATE	(6) DATE				
i. FITNESS <i>(in sub block enter P=Pass, F=Fail, W=Waiver)</i>	(1) DATE	(2) DATE	(3) DATE	(4) DATE	(5) DATE	(6) DATE				
	(1) DATE	(2) DATE	(3) DATE	(4) DATE	(5) DATE	(6) DATE				
	(1) DATE	(2) DATE	(3) DATE	(4) DATE	(5) DATE	(6) DATE				

11. PRE/POST DEPLOYMENT HISTORY

a. LOCATION						
(1) PREDEPLOYMENT	(a) DATE	(b) DATE	(c) DATE	(d) DATE	(e) DATE	(f) DATE
(2) POSTDEPLOYMENT	(a) DATE	(b) DATE	(c) DATE	(d) DATE	(e) DATE	(f) DATE
b. LOCATION						
(1) PREDEPLOYMENT	(a) DATE	(b) DATE	(c) DATE	(d) DATE	(e) DATE	(f) DATE
(2) POSTDEPLOYMENT	(a) DATE	(b) DATE	(c) DATE	(d) DATE	(e) DATE	(f) DATE
c. CHART AUDIT						

